

Gender and Generational Diversity in VMA Leaders

Why it's important and what you can do about







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Why it's important and what you can do about it

2015 AVMA Veterinary Leadership Conference

AM Session: Drs. Bradley, Pritt, and Teller

PM Session: Drs. Aspros, Carlson, and Evans



Where are we going?

The story of WVLDI

Leadership Gap in Veterinary Medicine

Differences in Leadership and Volunteerism

Barriers in Our Profession

Developing Up and Coming Leaders

Association Examples

Facilitated Discussion

Disclaimers – we are talking about:

- general differences between men and women.
- societal differences for the United States.





Brief History





Started July 2013 on social media platforms

Logo and website created: womenveterinarians.org



Winter 2014 - Formed an advisory board—>BOD

Spring 2014 - NFP status obtained

Fall 2014 - Tax-exempt status (501c3)





Who We Are

























Leadership Gap

Too few women in leadership positions for the group population

Women lack practical access to roles currently held by male leaders

Women, and members of younger generations, who seek leadership positions face barriers

- May give up when dealing with overwhelming or obvious barriers

Women often serve in non-traditional leadership roles and can be less

visible to members



What is Leadership?

Leadership is the ability to influence and direct the behavior of others

Leadership is conferred formally or informally

Leadership consists of motivating, inspiring, persuading,

and exercising authority

Leaders enable groups of people to achieve shared goals





Traditional Views on Leadership

Authoritative

Assertive
Autonomous
Self-Promoting
Dominant
Tough



Communal

Connecting

Cooperative

Sensitive

Empathetic

Nurturing



Differences in Leadership

Men are given more behavioral latitude in leadership positions

Allowed to self-promote

Women must demonstrate competence

Women under more scrutiny

Women may be disliked for demonstrating authoritative behaviors – a classic "Double Bind"



Volunteerism



No differences between men and women in motives, interest, time, frequency or level of commitment

Men will take on more "risk" when volunteering

Men tend to volunteer in organizations where they find positions of authority

Women tend to volunteer in "people-centered" organizations where they can make a difference

Women tend to stay involved longer when they have a sense of belonging

Young people are tending to volunteer less (females more than males)



Why is it important to get involved?

- Leadership is "influence" (vs. power)
- Gaining access to the "circle of influence"
- Enabling your voice and perspective to be heard
- Greater ability to initiate and implement change
- "Planting the seeds" for vision and action
- Personal growth and confidence
- Earning recognition and respect
- Improving your organization and outcomes





How to Get Involved



Always introduce yourself

Express your opinion respectfully about the issue

Accept every chance to speak publicly

Have business cards available at all times

Peruse Association websites for Volunteer Opportunities

Identify role models & talk to them

Say "Yes!" when asked to volunteer



How to stand out – who's the competition?

- It's all about <u>relationships</u>
- It is all about who you know
- Gain <u>experience</u> where you can
- Get to know people with influence
- Don't worry about the others







Invest in your skill set!

Leadership skills

Positive attitude

Working with teams

Understanding different personality types

Self-awareness

Build a support team

Public speaking

Build <u>trust</u> – do what you promise.

Human relations skills

Make people feel valued and important

Know what is important to them Use people's names Have a firm handshake!





Technical skills

Financial Skills

- Accounting statements
- Fundraising
- Budgeting

Strategic Planning

Marketing

Information Management

Systems Thinking

- Internal interactions
- External relations
- Coalition building

Behavioral skills

Self-Management

- Time
- Energy
- Stress
- Personal responsibility
- Be accountable

Communication

Listening

Understanding organizational culture

Barriers to Diversity in Leadership

Organizations across the profession recognize the issue

However reluctantly...

The discussion is hard to avoid in society today – especially for women How you define the problem drives your response

Not all accept the need for action

The problem will or is already taking care of itself

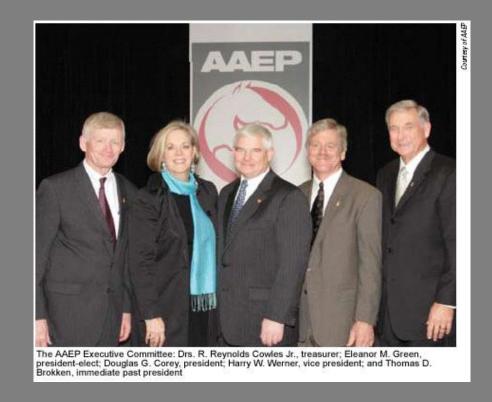
There are different impediments to change



Stages of Organizational Diversity

Kubler-Ross model of organizational diversity:

- Denial
- Anger
- Bargaining
- Depression
- Acceptance





Organizational Barriers

The differences between men and women are not fully understood or valued

This results in barriers to participation:

- Motivational
- Cultural
- Structural



Motivational Barriers

Many organizations believe that they face a demographic problem that will solve itself. This is especially true in veterinary medicine.



AVMA membership is now more than 52% female SAVMA membership is approximately 80% female

So what's the problem?



Motivational Barriers

Change is hard – and not without cost



Attracting new people – different people – is disruptive to the established order and to both current and future leaders

Successful people attribute their success to personal qualities – and, while these are critical – they obscure barriers that others face, and that need to be addressed to facilitate diversity



Cultural Barriers

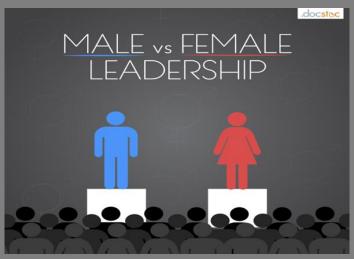
Every organization has a culture:

- How it conducts business, treats employees, customers, volunteers and the wider community
- The extent to which freedom is allowed in decision making, development of new ideas and personal expression
- The way in which power and information flow through its hierarchy

www.businessdictionary.com



Cultural Barriers



Men's cultural values aren't the same as women's
Classic group dynamics and the development of normative behaviors
make it difficult for one person to be positively disruptive
Baby Boomer's operate differently than Gen-Xers or Millennials
Communication styles and acceptance of technology create barriers
No need for change seen



Structural Barriers

Time – useful investment or historic baggage?

Money – for volunteer positions, what will is cost?

Travel – how much will you be away from work and family?

Commitment – how long does it take to do something useful?

Advancement – what are the opportunities?



What can you do to help develop leaders?

Develop a Women's Network

Provide opportunities for mentoring

Endorse women leaders' authority

Send women to leadership development programs

Balance gender on groups

Be aware of gender bias

Give Support

Dedicate resources to diversity and communicate the commitment to diversity

Provide external coaches for high potential women

Allow for greater flexibility in roles





Benefits to Your VMA_{Utilize social media}



communities (Facebook, LinkedIn, Twitter) to promote your VMA activities and opportunities

Reach out to veterinarians early in their careers to help them develop their skills ,and their personal successes will feed your pipeline of VMA future leaders



WISCONSIN VMA

Up to 1994 all male Presidents

No women at the top for networking

When asked, say "Yes".

Go to the people who vote!

<u>AVMA</u>

The most common question

Politics is human nature. It exists everywhere.

Remember, it is about relationships and who you know. Learn good human relations skills to establish beneficial relationships and networks.

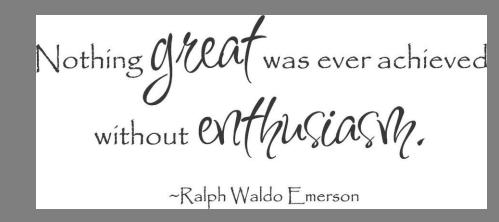
To progress we have to be in the circle of influence.



World Veterinary Association

- Be noticed (participate, respectful comments)
- Be prepared
- Meet expectations (deadlines)
- Develop trust
- Go to the people with voting power
- Have vision and experience
- Understand cultural competence
- Always.... Enthusiasm!







ASLAP

Applied for AVMA Committee position through a posting

Was able to serve when other leaders resigned

No "wait your turn" mentality

Active leadership development through student and committee programs

Open elections for all Board Seats and HOD Positions





Power of Ten Leadership Program

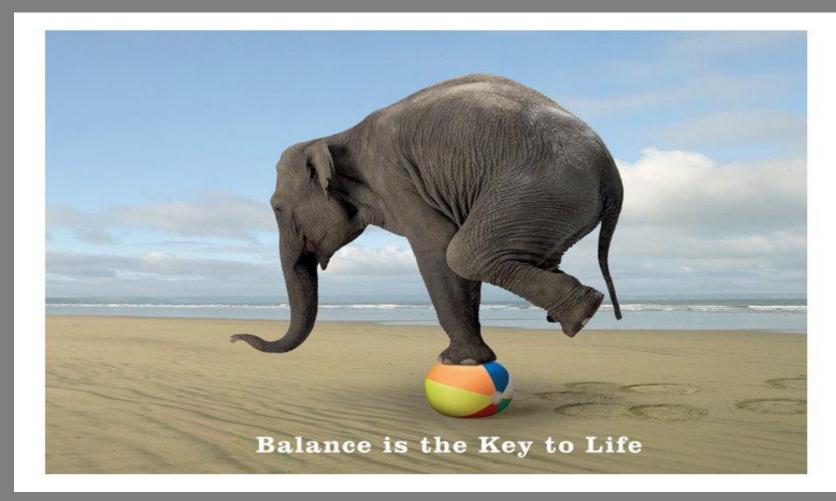
Builds a talented pool of young veterinary leaders for VMAs

10 Recent Graduates trained per VMA



Common Goals

This effort will benefit men and women in the end



We would like to acknowledge the foundational support of

and generous support from







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womenveterinarians.org

